

Efficacy of PRP Therapy in Post-Steroid Striae of the Groin: A Prospective Study

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Introduction: Post-steroid striae in the groin are a frequent consequence of topical steroid overuse.

Methods: 110 patients treated with PRP (weekly → biweekly → monthly). Assessment by symptoms & ultrasonography.

Results: Rapid relief (50% within 48 hrs), 80% improved in 3–5 days, 85% pigmentation recovery.

Avg depth reduced 2.48 → 1.10 mm ($p < 0.001$). High patient satisfaction (85%).

Conclusion: PRP therapy is safe, effective, and superior to microneedling/laser in post-steroid groin striae.

Conflict of Interest: None declared.